

# OPEN YOUR DOOR TO A HEALTHIER FUTURE, WITH THE HOME VISITING PROGRAM.

We support families where help is  
needed, one step at a time.



The Home Visiting Program is free and voluntary, and can take place at your home or a location of your choice. The program is proven to improve the health of babies and parents, as well as help in a baby's development.

## WHO?

Family Support Specialists are trained nurses, social workers, and parent educators.

## WHAT?

Family Support Specialists will get to know you so that they can offer support services to meet your situation. They can offer ways to help you make your home safer through things like promoting safe-sleep practices, helping you understand your child's development, and more.

## WHY?

The results of the program are proven, and the benefits for families have been clear. Families who have chosen to participate in the free Home Visiting Program have experienced:

- Improved maternal and child health
- Earlier detection of possible developmental delays or disabilities
- Improvement in school readiness and achievement
- Regular health care provider visits, reduction in stress levels, and smoking cessation
- Completion of educational and/or training programs as well as more financial independence

## WHEN?

Now. To learn more or sign up for the program, call 2-1-1, text your ZIP code to 898-211, or visit [DEThrives.com/Home-Visiting](http://DEThrives.com/Home-Visiting).

Welcome a chance for a brighter, healthier tomorrow.

