



OPEN YOUR DOOR TO THE HOME VISITING PROGRAM.

Here's everything you need to know.

Delaware has four evidence-based Home Visiting Programs.

These programs are the Nurse-Family Partnership, Healthy Families Delaware, Parents as Teachers, and Early Head Start.



A Family Support Specialist can **coach you in doing developmentally appropriate activities with your child.**



A home visit doesn't **actually have to occur in the home.**

A Family Support Specialist can meet families in a place that is more convenient, such as a library, park, or any other place they feel comfortable. **Virtual meetings are also possible!**



In 2021, there were **14,454 home visits provided statewide, including 6,008 virtual visits.**



A Family Support Specialist, can **teach parents learning activities and literacy skills that foster their child's development** and help prepare their child for school.

In 2021, the Home Visiting Program supported **approximately 1,363 households in Delaware.**



Recognizing developmental milestones can help a parent ensure that their child is on track. A Family Support Specialist can **educate parents about those milestones and help detect any delays or disabilities.**



A Family Support Specialist can **educate parents about safe-sleep practices.**

A total of 3,500 infants die each year from sleep-related deaths in the U.S. A Family Support Specialist can help parents create a safe-sleep environment and can also advocate for families in need of a crib.



The Home Visiting Program is **free and completely voluntary.**

Evidence has shown that accepting the services offered by the Home Visiting Program, administered by a Family Support Specialist, can **help to improve maternal and child health.**



A Family Support Specialist can **help families locate important resources** in their area, such as food, cribs, diapers, and car seats.



A Family Support Specialist **supports breastfeeding your newborn and can connect you with a lactation consultant.**



A Family Support Specialist can **help families determine eligibility and assist them in registering with state agencies** to obtain services, such as

Supplemental Nutrition Assistance Program (SNAP) and Women, Infants, and Children (WIC) benefits.



By saying yes to the Home Visiting Program, parents are saying yes to a healthier, happier, and safer home. The Family Support Specialist can be there to provide support every step of the way!

To learn more or sign up for the program, call 2-1-1, text your ZIP code to 898-211, or visit DEThrives.com/Home-Visiting.

