



WELL Women Committee AGENDA

Tuesday, October 19, 2021 1 pm – 2 pm

Zoom Link: <https://zoom.us/j/93082904632?pwd=MVM0VWNZQU5Uc2dmQkxucWxEYUNvQT09>

Meeting ID: 930 8290 4632 Passcode: 915430

1. Welcome and Introductions: Tiffany Chalk
2. Review of 9/21 Minutes. All minutes will be posted at the following link:
 - [Meeting Information & Materials | Delaware Healthy Mother and Infant Consortium - Delaware Thrives \(dethrives.com\)](https://dethrives.com)
3. Maternal Mental Health:
 - a. Anne DeCaire, PMHNP-BC, Christiana Care Center for Women's Emotional Wellness
 - b. Regina Alonzo, Jewish Family Services
4. Well Woman Initiative Update: April Lyons-Alls
 - a. *Why Health Matters Before Pregnancy* Infographic
 - b. Reproductive Life Plan Survey
6. Announcements & Adjournment