


# One week,

countless ways to help and support Black and Brown mothers on their breastfeeding journeys.

In just one week, you will learn how breastfeeding can decrease infant mortality rates by as much as 50%, as well as reduce the risk of sudden infant death syndrome (SIDS), upper-respiratory infections, and childhood obesity. It all starts by empowering our Black and Brown mothers.

## Join Us for Black Breastfeeding Week, August 25 – 31.

 For events and more information, visit [DEThrives.com/BlackBreastfeeding](https://DEThrives.com/BlackBreastfeeding).

### The Connect: Black Maternal Health Virtual Pop-Up

Wednesday, August 25, 6 – 8 p.m.

### Community Baby Shower

Sunday, August 29, 11 a.m. – 1:30 p.m.

### Lift Every Voice

Monday, August 30, 6:30 – 7:30 p.m.

### Breastfeeding: It Takes a Village Part II

Tuesday, August 31, 6:30 – 7:30 p.m.



The **CONNECT**

