

5-MINUTE MEETING PLANNER

Name and Location Well Women Group	Date 05-18-2021
Start Time 1pm Recording starts at 1:30	End Time 2pm

Before the Meeting

What is the goal of this meeting and how does it advance our top priorities?
DHMIC Summmit

What will we do in the meeting to achieve the goal? (Discussion? Presentation? Demonstration? Brainstorming? Prototyping? Other?)

What equipment or materials do I need?

Meeting Agenda

Topics	Responsible	Time
1) Introductions	Tiffany Chalk	
2) Review & Approve Meeting Minutes		
3) Why Pregnancy Matters (content from DHMIC Summit VIS)	April Lyons	
4) DHMIC Summit Follow-up Activities	Susan Noyes	
5) Summit Update -	Noyes/Chalk	
6) Partner activities for May Maternal Health Month- Sharing on social media		
7) Announcements & Adjournment		

Notes

Recommendations for Mothers

1. Community health workers could be engaged to help women who need help getting to their medical appointments with low-cost/no-cost transportation options.
2. Ensure safe recreational opportunities for women and their children. Partnerships with the counties to provide safe parks and recreational areas similar to the Bear-Glasgo park as well as subsidies for Boys & Girls Clubs for single working women.
3. Support and discussion groups could be sponsored by the DPH - perhaps a women-wellness series - where women could drop in for free facilitator-led discussion groups or workshops on topics related to these issues and ways to manage stress, anxiety, depression, health and wellness, finances, ect.

4. the DPH should consider doing more to promote the annual womens Well-visit eligibility and what is covered.
5. DPH should consider revitalizing the campaign "Get up and Move" but geared toward women and reaching them where they are with a cellphone app or on the internet , to address weight management, exercise, stress, anxiety, and depression.
6. Establish one-stop medical offices geared toward women, which can also include more women health providers and specialists, as well as offer a safe place for undocumented women to seek health care.
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At the End of the Meeting

Decisions:

Focus group results-

Accessibility, Equity and Value-

Increase availability of community health workers & Patient Navigator

Enhance Patient rovider communication

Navigate systems of care; and access community supports and serices

Navigate financial assistance

- To address the high emotional and finaceial burden on women ad families

Work With Insurers

Help practices develop payment plans for co-payments especially for low-income working people

Improve understandability of benefit information

Reduce the red tape for approvals specially for CYSHCN

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- Tiffany - Webinar June 15th at 1pm at Christiana the goal is, black maternal awareness isnt just this one week

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- Susan - The summit was a very succesful event with 450 registrants, 12 innovation stations, and 30 innovation station community partners.

Agenda Item #5 Summit Update

Go to:

- <https://dethrives.com/dhmic/summit>
to view all the summit content including the videos

Agenda Item #6 Social Media Outreach:

There will be various social media followup activities highlighting the Summit Virtual Innovation Stations.

- The first will be an op-ed in the News Journal featuring April Lyons-Alls station on Well Woman Initiative in May.

Tiffany: Webinar June 15th at 1pm at Christiana featuring the HerStory video with panel discussion for CCHS Pediatric Ground Rounds hosted by Dr. David Paul.

Agenda Item #7 Announcements:

- Please send information on upcoming events highlighting activities focused on men to celebrate June as men's health month.
Send to Susan or Tiffany.

