



ELEVATING IDEAS THAT PROMOTE CHANGE

Delaware's Maternal and Child Health Five-Year Plan • 2020-2025



GIVING WOMEN AND CHILDREN THE SERVICES AND SUPPORT THEY NEED TO THRIVE

The health of every society is measured by the well-being and resilience of its women and children. In Delaware, we work to address the needs of women and children, supporting them when and where they are most vulnerable. We focus on the things we know matter, such as the social determinants of health.

Our work is funded by Title V of the Social Security Act. The Title V Block Grant serves as the financial foundation for much of our Maternal and Child Health Program. The Division of Public Health (DPH) coordinates and collaborates with many organizations and other state agencies to implement activities that address grant goals and objectives.

This report offers an at-a-glance snapshot of the next five-year plan for your review. For more information about our Maternal and Child Health Program, please visit DEThrives.com.



WOMEN AND MATERNAL HEALTH

Women have access to and receive coordinated, comprehensive services before, during, and beyond pregnancy.



GOAL 1.1

Increase the percentage of women with a birth interval that is greater than 18 months.



GOAL 1.2

Increase the number of Healthy Women Healthy Babies Zone mini grantees who are focused on Maternal-Child Health in high-risk areas, from six to eight in 2020 to eight to 10 by 2025.



GOAL 1.3

Increase the number of women receiving a timely postpartum visit.



GOAL 1.4

Decrease the Black/White Infant Mortality Rate from 3.8 in 2020 to 2.0 by 2025.

NPM: Percentage of women, ages 18 through 44, who receive an annual preventive medical visit.

SPM 1: Percentage of Delaware women of reproductive age who have had an unintended pregnancy.

SPM 2: Reduce the disparity in infant mortality rates.

NPM: National Performance Measures

SPM: State Performance Measures

PERINATAL/INFANT HEALTH

Improving breastfeeding rates and duration will allow babies to get the nutritional and general health advantages they need. Human milk supports optimal growth and development by providing all required nutrients during that time.



GOAL 2.1

Increase breastfeeding initiation rates in Delaware from 77% to 84%.

NPM: A) Percentage of infants who are ever breastfed.
B) Percentage of infants breastfed exclusively through six months.

NPM: National Performance Measures



CHILD HEALTH

Children will receive developmentally appropriate services in a well-coordinated, early-childhood system and have access to preventive oral health care.



GOAL 3.1

Increase the percentage of children, ages 9 to 71 months, who receive a developmental screening using a validated parent-completed screening tool.



GOAL 4.1

Increase the percentage of children, ages 1 to 17, who receive an annual preventive dental visit to 87%.

NPM: Percentage of children, ages 9 through 35 months, who received a developmental screening in the past year using a parent-completed screening tool.

NPM: Percentage of children, ages 1 through 17, who receive an annual preventive dental visit.

NPM: National Performance Measures



ADOLESCENT HEALTH

By empowering adolescents to adopt healthy behaviors and increasing the number of adolescents who receive a preventive well visit annually, we can improve their social, emotional, and physical well-being.



GOAL 5.1

Increase the percentage of adolescent students who are physically active at least 60 minutes a day to 49%.



GOAL 6.1

Develop a cross-system partnership and protocols to increase the percentage of adolescents receiving annual preventive services by 2025.

NPM: Percentage of adolescents, ages 12 through 17, who are physically active at least 60 minutes per day.

NPM: Percentage of adolescents, ages 12 through 17, who receive an annual preventive medical visit.

NPM: National Performance Measures

CHILDREN WITH SPECIAL HEALTH CARE NEEDS

By ensuring there is adequate insurance available for children – both with and without special needs – we can give them the support they need to grow.



GOAL 7.1

Increase the percentage of families reporting that their insurance for children and youth with special health care needs is adequate and affordable.



GOAL 7.2

Increase the number of health plans that have member services staff linked to relevant family organizations and programs to meet the needs of children and youth with special health care needs.

NPM: Percentage of children, ages 0 through 17, who are continuously and adequately insured.

NPM: National Performance Measures

CROSS-CUTTING/ SYSTEMS BUILDING

To strengthen the Title V workforce and community stakeholders, we will offer training and professional development opportunities.



GOAL 8.1

Build Maternal-Child Health capacity and support the development of a trained, qualified workforce by providing professional development opportunities.



GOAL 8.2

All Maternal-Child Health staff will include at least one annual professional development goal in their performance plan to build capacity to address community needs.

