

SBWC Parent/Student Survey

School Based Wellness Center (SBWC) Parent/Student Survey

Thank you for participating in this survey. Health Management Associates, a research and consulting company working with the State of Delaware is gathering information in order to increase and improve SBWCs across the state. Information from this survey will inform a larger strategic planning effort by the State of Delaware. As a parent of a school-aged child, your thoughts about this topic are very important to this effort. There are no wrong answers – we're interested in your experience, your opinion, and your ideas.

Delaware Department of Health and Social Services defines SBWCs as health centers, located in a school or on a school campus, which address a broad range of health and health-related needs of students. Services may include care that prevents health issues, care for mental health or substance use concerns, sexual and reproductive healthcare, nutritional health services, screenings and referrals, health promotion and education, and other kinds of supportive services. SBWCs are operated by health professionals, like a physician's assistant or nurse practitioner overseen by a primary care physician, licensed mental health provider, licensed nutritionist, and/or dental hygienist. There are currently 39 SBWCs operating in the state of Delaware. A majority of public high schools have an affiliated SBWC, 4 middle schools affiliated with an attached high school have a SBWC center, and 7 elementary schools have an affiliated SBWC. This strategic planning process is the result of specific wording in Delaware's fiscal year 20 budget to add 2 additional SBWCs each year in high-need elementary schools.

You are welcome to share additional ideas and opinions that you believe would be helpful in strategic planning for SBWCs. Lastly, we recognize that not all questions will apply to your experience. If you do not feel you are able to answer a question, it is fine to skip it.

1. Are you a:
 - a. Student
 - b. Family member/Caregiver
 - c. Other _____ (fill in)

2. Are you/your child enrolled in a school-based wellness center (SBWC)?
 - a. Yes
 - b. No
 - i. If yes, why did you/your child choose to enroll in a SBWC?
 - ii. If yes, in your experience, how are students enrolled in SBWCs?
 - iii. If no, why did you/your child choose not to enroll in a SBWC?

3. How has your experience been with SBWCs, if any?
 - a. Very positive
 - b. Somewhat Positive
 - c. Neutral
 - d. Somewhat negative
 - e. Very negative
 - f. I do not have experience with SBWCs
 - i. Can you comment further on your experience?

4. What is your understanding of the purpose of SBWCs?

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5. What is the value of SBWCs for:
 - a. Students?
 - b. Parents/caregivers and families?
 - c. Community?

6. What services are you aware of offered by SBWCs to address the social, emotional, and physical wellbeing of students?
 - a. Counseling/behavioral health therapy
 - b. Substance use treatment
 - c. Annual physicals/well visits
 - d. Sports physicals
 - e. Immunizations
 - f. Chronic disease/medication management
 - g. STI screenings and treatment
 - h. Pregnancy screenings/reproductive health care
 - i. Dental cleanings
 - j. Nutrition counseling and management
 - k. Health education
 - l. Group therapy/health empowerment groups
 - m. Other (fill in)

7. Are there gaps in services?
 - a. Yes
 - b. No
 - c. Unsure
 - i. If yes or unsure, what additional services should be offered by SBWCs if not offered already?

8. What types of services are needed for specifically for students in:
 - a. Elementary School?
 - b. Middle School?
 - c. High School?

9. How can SBWCs better support students and their families as they get older and transition across school levels (elementary, middle, and high school)?

10. What services and supports would be most helpful for SBWCs to offer this year, with hybrid virtual and in-person learning and COVID-19 risk?

11. Have you/your child received SBWCs services via appointments over the phone or on video (telemedicine)?
 - a. Yes
 - b. No
 - i. If yes, what was your experience receiving these services?

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12. Would you/your child be interested in receiving services via appointments over the phone or on video (telemedicine) if offered by SBWCs?
 - a. Yes
 - b. No
 - i. If yes, what would you need from SBWCs to do this? (E.g., internet access, computer/smartphone capabilities, directions on how to connect to e-visits).
 - ii. If no, why not?

13. Health equity is when everyone has the opportunity to be as healthy as possible. Long-standing systemic health and social injustices can create barriers to achieving this goal. Health centers have the opportunity to serve every child in the school where they are located and to help address systemic barriers to health care and health. Do you think SBWCs are currently addressing health equity now?
 - a. Yes
 - b. No
 - i. If yes, how do SBWCs address health equity?
 - ii. If no, how are SBWCs not addressing health equity?

14. How can SBWCs better address health equity for students and families and be more culturally responsive to their communities ((diversity of staff, communications, health education curriculum, languages, etc.)?)

15. Given that schools are reopening with a mix of virtual and in-person services and taking COVID-19 precautions, are there ways that SBWCs could assist your child this year?

16. In some states, families are also offered enrollment in SBWCs, meaning that parents/caregivers and/or siblings of a student are able to receive some services from SBWCs. Would you be interested in this option for your family?
 - a. Yes
 - b. No
 - i. If yes, why? What types of services would you be interested in having available to families?
 - ii. If no, why not?

17. What would you need from SBWCs in order to enroll your family? (E.g., accepting insurance, information sharing with your other health care providers, etc.)

18. Do you think it would be useful for all levels of schools (elementary, middle, and high schools) to have SBWCs?
 - a. Yes
 - b. No
 - i. If yes, why?
 - ii. If no, why not?

19. What else do you think is important as the state plans for future SBWCs? What is missing?