

# BLACK

# BREASTFEEDING

# WEEK

Revive.  
Restore.  
Reclaim!

## Our Babies. Our Bodies. Our Bond.

When it comes to the health benefits for black babies and moms, breastfeeding is best.

## August 25–31

Black Breastfeeding Week is a national program to show how important breastfeeding can be for the family and the community.

To RSVP or learn more, please visit [DEThrives.com/BlackBreastfeeding](http://DEThrives.com/BlackBreastfeeding).

## Daily Events:

**The Connect: Black Maternal Health Virtual Pop-up**  
Tuesday, August 25

**Chocolate Milk: The Big Latch for Black Families**  
Friday, August 28


**Breastfeeding: It Takes a Village**  
Wednesday, August 26

**Virtual Statewide Black Women’s March**  
Saturday, August 29



Breastfeeding is the best gift I could offer my children. It was such a beautiful experience.”

— DeShauna



If more black mothers breastfeed, black infant mortality could decrease by as much as **50%**.

— CDC



DELAWARE HEALTH AND SOCIAL SERVICES  
Division of Public Health  
WIC Program

