# MARIJUANA, PREGNANCY & BREASTFEEDING

DO WHAT IS BEST FOR YOUR BABY!

### MARIJUANA IS NOT SAFE DURING PREGNANCY.

- The chemical compound, THC, in marijuana passes to babies during pregnancy and through breastmilk.
- Women who are pregnant, trying to get pregnant, or are breastfeeding should not use marijuana (also known as weed or pot).

## MARIJUANA HAS TOXINS, INCLUDING THC.

- Using marijuana while pregnant can upset your baby's growing brain.
- Babies exposed to marijuana may have trouble with problem solving and motor coordination as they grow.
- Over time, children can also have struggles with behavior and paying attention in school.

# LEGAL DOES NOT MEAN SAFE.

- Medical marijuana, while legal in Delaware, is not safe during pregnancy.
- It's not worth the risk to the health of your baby.

## TALK WITH YOUR HEALTH CARE PROVIDER FOR MORE INFO.

Visit www.DEThrives.com to learn how to live healthy for you and your baby.

If you need immediate help, call: 1-800-652-2929 in New Castle County 1-800-345-6785 in Kent and Sussex Counties



