



INFANT SAFE SLEEP ROUTINE

DO's:



Babies should **NEVER** sleep in a bed with anyone.



Babies should **ALWAYS** sleep on their backs.



There should be **NOTHING** in the crib with your baby.



Keep baby's environment **SMOKE-FREE.**

For a complete list of the American Academy of Pediatrics Safe Sleep guidelines, visit SafeSleepDE.com or call 2-1-1 for Help Me Grow



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