

Delaware's 2-1-1 Call Center is Now Home to Help Me Grow

For years, Delaware's free 2-1-1 call center has connected people to more than 2200 helpful services and programs throughout the state. Now, 2-1-1 is working in partnership with Help Me Grow to offer special information and advice to parents who are concerned about their child's development, behavior or learning. Experienced childcare coordinators are available to answer your questions and connect you with the best resources to address your specific needs.



2-1-1 Help Me Grow is a collaborative effort of United Way of Delaware, the Delaware Division of Public Health and the many organizations addressing early childhood development as part of the Help Me Grow Advisory Committee.

Call **2-1-1 Help Me Grow** or visit HelpMeGrow211DE.com



help me grow



If you have a child, you need this number.



2-1-1 Help Me Grow connects families to child development services and more!

IS YOUR CHILD'S DEVELOPMENT ON TRACK?

If you're like most parents, you sometimes wonder if your child's physical development, emotional behavior or learning curve is right for their age. You don't have to wonder anymore.

2-1-1 Help Me Grow answers questions about how babies and children grow. This special call center also provides referrals to services for all children, including those with special needs. You can even get connected with developmental screenings to find out if your child is at-risk and, if necessary, to programs that provide medical, housing, and other assistance.



ONE CALL CONNECTS TO ALL

When you call 2-1-1 Help Me Grow, an experienced care coordinator will:

- Share information about child development milestones
- Assist with your concerns about your child's development, behavior or learning
- Connect you with developmental screening and care services
- Provide tips on child care and "quality time" activities
- Provide information on safe sleeping, breastfeeding, and other health promotion activities
- Connect you to early intervention services
- Locate social services and other community resources

Parents, relatives, caregivers and providers are welcome to call anytime.

EASY AND FREE TO USE!

If you live in Delaware, you can call 2-1-1 as often as you want. When you call, you will be connected to a child development specialist who will listen to your concerns, provide information, and find the right services for you and your family.

Hours of Operation

Monday-Friday 8:00 a.m. to 8:00 p.m.

Just dial 2-1-1 and select Help Me Grow

NOTE: If you have an EMERGENCY dial 9-1-1 or your local emergency response number.

